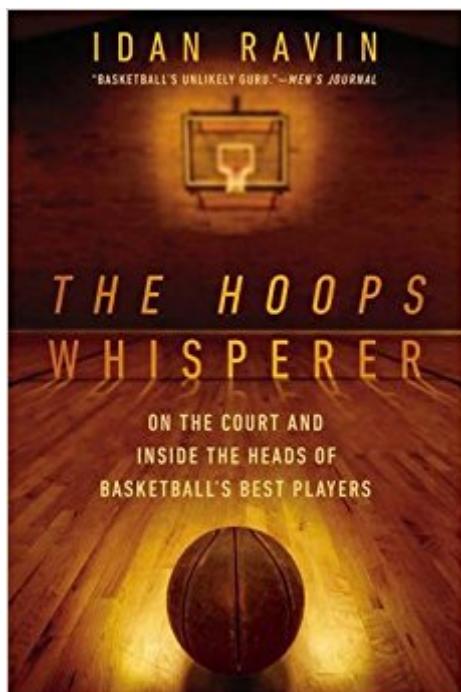


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# The Hoops Whisperer: On The Court And Inside The Heads Of Basketball's Best Players



## Synopsis

Basketball's most unlikely "and most sought-after" training guru offers an inside look at his career, his methods, and the all-star players whose games he's helped transform. Where do the best basketball players in the world turn when they want to improve their game? Whom does a future NBA Hall of Famer thank at his press conference when he's named Rookie of the Year? Who is it that Sports Illustrated, The Wall Street Journal, and Men's Journal all call the "Hoops Whisperer" because of his ability to engage, inspire, and challenge the players he trains? The answer to all of these questions is Idan Ravin. Ravin never played or coached in college or the pros, yet a virtual NBA All-Star team relies on him to better their game and reach their full potential. A soft-spoken former lawyer, Ravin has become professional basketball's hottest trainer. In *The Hoops Whisperer*, Ravin shares the fascinating story of how he transformed a passion for the game into working with iconic basketball stars such as Chris Paul, LeBron James, Kevin Durant, Carmelo Anthony, Stephen Curry, Blake Griffin, James Harden, Dwight Howard, and many more. He offers a rare unguarded glimpse inside the lives of these great athletes, drawn from his intimate connection with them that is the basis of his success. Showcasing his unorthodox drills and improvisational techniques in action, Ravin reveals how faith, effort, dedication, and passion can make a player into a superstar and anyone into a success. Combined with his own inspiring journey, Ravin's insights make *The Hoops Whisperer* a must-read for anyone who loves the game.

## Book Information

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## Customer Reviews

"I never imagined that when I first worked with Idan before my rookie year, our relationship would extend more than a decade. He has influenced me tremendously and I am very grateful for his loyalty, friendship, and guidance. He is passionate about everything he does and, while some may consider his methods unorthodox, the end results for me have been remarkable." Carmelo Anthony, New York Knicks "Idan inspired me to see my full potential, to become more than others had ever expected of me, and challenge myself to do more than I had even expected of myself. He showed me the importance of resilience and determination; and to capitalize on all my opportunities I had coming out of school and even to this day. His challenge to never become 'regular' stuck with me and kept me fierce in my determination to be committed to who I am, what I stand for, and to leave my lasting fingerprints on the game I so dearly love." Stephen Curry, Golden State Warriors "Idan believed in me when others didn't. He challenged me when others couldn't. He cheered for me when others stopped. He praised me when others wouldn't. He stood by me when others ran. He encouraged me to find my greatness, which I did and continue to find." JR Smith, New York Knicks "Idan is the first guy that I've worked with that brought something different to the workouts, who pushed me past my limits, who made me think of the game on a different level. He pushed me with his words, encouraged me and built my confidence as the days went on. Truly one of a kind and I'm grateful that I had the opportunity to learn from him." Kevin Durant, Oklahoma City Thunder "Idan was the best trainer I've ever worked with. The drills that we did pushed me to and past the limit. Working with Idan allowed me to fall in love with the game of basketball all over again. If you want to be great, go see Idan and it will change your life." Dwight Howard, Houston Rockets

Idan Ravin splits his time between Maryland, and New York City.

If you are a basketball junkie, this book will definitely captivate your attention from cover to cover. More importantly, it transcends the game of basketball by giving a first hand account of an individual who kept pursuing his dreams despite of not having the "pedigree" or inside track to the industry that he now flourishes in. This is a book that will motivate you to pursue your passions and dream big again. Ravin's attention to detail when it comes to the players he works with, will help any coach, parent, teacher, businessman connect with the people they interact with on a daily basis. The accounts of Kobe, CP3, Melo, KD, Steph, and many others also give you an inside look to the dedication and sacrifice that these alpha males pay to make it and stay in the NBA. Thank you for shaking the game up, Idan. Get this book.

Surprisingly good; Ravin writes well / good editor. I picked it up on a lark ( recommended it to me), read first chapter on Kindle for free, ended u buying it and read it in a few days. I was expecting a poorly conceived hastily assembled type work, the kind coaches have ghost-written for them after they win the super bowl or something. This work was a lot more interesting, surprisingly introspective. Ravin's story itself is a nice yarn - how he inconceivably ends up where he does, there are probably dozens or hundreds of individuals that are more qualified on paper to do what he does, yet the best players want him for training. I think the reasons why shine through in the book -- Ravin seems much more conscientious of player privacy, more focused knowing the players at a deep level, respecting and seeing boundaries others would likely march right across; understanding the NBA and all of its cronies for what they are. It's a good self improvement book too if you want it to be that. As for basketball itself, the most interesting thing is asking why the best of the best even get a personal trainer in the first place, as there are literally dozens of assistant coaches ready to try to do what Ravin does if such is looked at in simplistic terms - work on moves, fundamentals, etc. But obviously there's a lot more to what these training sessions mean to the players than just fundamentals; and there's something said for having the training sessions by somebody who's 100% in your camp, not the coach's camp. I think this just shows that getting back to basics (hardwood, sweat, jump rope), is kind of like getting into one's core of what makes one tick, and can recharge batteries, cause one to think differently about situations -- seems like Ravin is half trainer, half shrink for his players, unlocking hidden motivations. Found it really interesting.

This book is a **MUST READ**. If you are a Basketball or a sports fan of any sport this book clearly is a hands down must read. But this book is not just for the sports fan but for everyone. It is a well written insight into a person passion and will to fulfill their dreams. I could not put the book down. Idan's skillful writing sharing his experience to fulfill his dreams from someone in the most unlikely of circumstances. It truly is a book about human nature an human relations in such a positive informative manner. The book is both informative and inspirational and most importantly entertaining!!!!

This book was surprisingly good. The author writes pretty well. All of my kids play basketball in our family so it was pretty beneficial for all of them to read.

Basketball is a religion in our home. Life lessons from basketball stream through the raising of our

sons (men now) ranging from love of something bigger than themselves, to the discipline of practice, to knowing your role in team and playing it, sharing, keeping your hands to yourself. Both sons played and one went from All Metro and All City through college recruiting and playing college ball. The Hoop Whisperer moves on multiple levels: Ravin's personal story, the stories and anecdotes about the stars he trains, life "lessons" and life "practices" that he both teaches and learns from his trainees and finally, if you mine deep enough, insights into the game itself (training for different strengths---e.g. lateral movement--dribbling quickness and change of direction) and observations that add "just that" to a move that gives an additional margin of advantage. Combined, this is a quality read. I might have preferred four books done deeper. (But that wouldn't have been what Ravin intended).

I found this book to be inspirational. I was given this book by a friend, and had little expectation since I'm not a basketball fan. But the story of how Idan got to do what he loves sucked me in. Each chapter opened my eyes to a previously undiscovered world that is experienced by very few, I recommend this book to the fan and non-fan alike.

If you like basketball, then you're going to love this book. I felt motivated to be better and enjoy the game more. This book is about Idan life going after his dreams. He has had a lot of experience over his years and he will motivate you to not only be a better basketball player but also a better person. I like how he states that our Moms know best and we should listen. This might be a spoiler since its farther into the book, but it's true we should listen more to our Moms. The fun part is all the people he knows and helped. He keeps you interested in this book and you will want to finish the book!

As a basketball player growing up and a lifelong fan, I found this book fascinating and surprisingly emotional. It is amazing to read the stories about basketball greats and how Idan tailored his training sessions to match each one's specific needs. This book makes you examine your own path, inspires you to follow your dreams, reminds you not to give up and takes you on an unexpected and emotional journey. This is a great book!

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